OAKRIDGE SOCCER CLUB

Youth, U6 & U8 RULES OF COMPETITION

At this age group, our coaches and referees' primary goal is to teach fundamentals. Scores are not kept, and there are no standings as we are a recreational club. Youth teams play each other until the last game of the season and then play the other team. At their game, the coach acts as the referee and 2 parents are designated to coach the “teams.” Throughout the U6 season, and at the beginning of the U8 season, poor throw-ins will be allowed to be re-thrown to help teach proper throws.

* **Proper throw-ins**: ball must be thrown from behind the head with both hands, both feet must be on or behind the line, both feet must remain on the ground while throwing, and the ball must enter the field of play.
* **Indirect free kicks**: after kicked, the ball must touch another player before entering the goal or the goal is disallowed and the other team receives an indirect free kick. If “tapping” the ball must clearly move. The player taking the free kick may not touch the ball a second time before it is played by another player.
* **Kickoffs:** the ball can be kick backwards on the first kick, but the kicking player may not touch the ball before a teammate or opposing player.
* **U6 and U8 referees**: The judgment of the referee is final and his/her decisions cannot be challenged. OSC pays and uses USSF certified referees that have taken classes on the laws of the game. Any issues with refereeing are to be brought to the Club President after 24 hours. Coaches & Parents are NEVER to confront a referee about his or her decisions.

**IMPORTANT NOTE: First game of the day** – coaches are to assist with setting up the field, setting benches, flags, goals, and trash can on parent side of the field.  **Last game of the day** – coaches assist with tear down, benches, flags, and goals taken to the building, debris picked up and trash can wheeled to the building.

Youth/U6

* PLAY 4 V 4 ON THE FIELD WITH NO GOALIE
* 4 – 8 MINUTE QUARTERS
* TEAMS ALTERNATE KICK OFF AT THE BEGINNING OF EACH QUARTER
* HEAD COACHES ARE ALLOWED ON THE FIELD TO HELP COACH THE TEAM
* NO OFFIDES
* NO CORNER KICKS OR GOAL KICKS, THROW IN AWARDED AT THE NEAREST CORNER WHEN THE BALL IS DIRECTED PAST THE END LINE
* ANY FOULS COMMITTED RESULT IN AN INDIRECT FREE KICK, FOULS IN THE GOAL BOX WILL BE KICKED FROM THE NEAREST CORNER OF THE BOX
* SUBSTITUTIONS ARE ALLOWED AT ALL STOPPAGES

U8

* PLAY 5 V 5 WITH A GOALIE AS PART OF THE 5, A TEAM MAY PLAY IF ONLY 4 PLAYERS ARE PRESENT
* 2 - 20 MINUTE HALVES – BY MUTUAL AGREEMENT COACHES CAN ELECT TO PLAY 4-10 MINUTE QUARTERS IF POOR WEATHER OR LOW # OF SUBSTITUTES
* COIN FLIP TO DECIDE KICK OFF
* NO COACHES ON THE FIELD UNLESS INJURED PLAYER OR DIRECTED BY REFEREE
* NO OFFSIDES
* NO CORNER KICKS OR GOAL KICKS, THROW IN AWARDED AT THE NEAREST CORNER WHEN THE BALL IS DIRECTED PAST THE END LINE
* NO PENALTY KICKS
* ANY FOULS COMMITTED RESULT IN AN INDIRECT FREE KICK, FOULS IN THE GOAL BOX WILL BE KICKED FROM THE NEAREST CORNER OF THE BOX
* SUBSTITUTIONS ARE ALLOWED AT ALL STOPPAGES EXCEPT INFRACTIONS RESULTING IN A FREE KICK